



# SD Nurse Newsletter

VOLUME 1, ISSUE 1

DECEMBER 2009

## SPECIAL POINTS OF INTEREST:

- Presidential Address
- 2009 Convention Report
- SDNF Scholarship Recipient
- Public Input on Healthcare Needs
- 2010 NDL

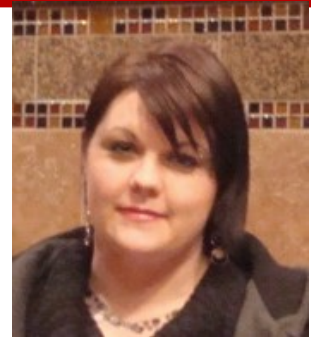
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## Presidential Address

First, I would like to send out a sincere thank you to all of those who provided their support in my successful bid to become president of SDNA. I am grateful to be surrounded by my personal mentors who will help guide me as I work to increase SDNA's visibility and voice. Additionally, the input of nurses across South Dakota is essential; I would urge members to send in their concerns or thoughts regarding the nursing profession to the SDNA office or myself as we are here to work for you. I firmly believe that SDNA and ANA are essential for the continued growth and development of the nursing profession, but we need to hear from the nurses that we serve to continue moving forward. SDNA has a new Facebook page, become a fan and you can send email or post your thoughts there as well. As I listened to President Deb Fischer-Clemens speak at the annual convention, I was reminded of the importance of learning from our history. It has been said that we must remember our past to prevent those same mistakes from happening in the future. It brings to mind the phrase "gold standard". Although certain methods have proven themselves as providing the very best outcomes, it is also true that if no one ever questioned the gold standard, more

efficient and safe healthcare delivery processes may never have been discovered. It is essential that we reflect upon those issues that may have plagued us yesterday; however, using creativity and hope, we look forward to a bright tomorrow. The challenge of healthcare transformation is a perfect example of looking back so that we may continue forward. Nurses possess the intelligence and ingenuity integral to the transformation of healthcare delivery in America. Affordable, accessible, and safe healthcare for everyone is not just a lofty dream, and I believe that nurses cannot afford to sit silently by waiting for someone else to come up with the solution. I heard an interesting statistic today; about 1 in 100 people in the U.S. is a nurse. Can you imagine the power that nurses could wield if they wanted? Recent data released by the SD Board of Nursing reported that there are over 12,000 nurses licensed in the state. This means that 1 in 67 people in South Dakota are a nurse. Approximately 400 of SD nurses are members of ANA/SDNA; approximately 3% of the nurses in South Dakota have a voice at the legislative level through their membership. Is your voice one of the 3%; is it acceptable for 97% of nurses to allow the



minority to make decisions regarding their profession for them? I would challenge you to join ANA/SDNA if you are not currently a member and if you are, to tell others about what being a member means to you. We are all responsible for the course of our profession, and one way we can ensure our input is by belonging to the only professional nursing organization that supports all registered nurses, regardless of specialty. I will be traveling across South Dakota to spread the word and reach out to members and non-members alike. I believe that now, more than ever, nurses must join together and stand strong; the changing and challenging healthcare environment demands it. As we head into the holiday season, my hope is that you will spend time reinforcing and renewing relationships with those most important. As you enter into the New Year, may you find the time to reflect upon the past and be reinvigorated with thoughts and resolutions for the future.

# Rejuvenate, Renew and Rejoice



The title of this year's convention was "Rejuvenate, Renew, and Rejoice... Nurturing the Nurse Within". Thank you to everyone that participated in a two jam-packed days of education, networking, and fun. The many district members who were involved in the planning cannot be praised enough for maintaining a smooth and exciting schedule as well as successful silent and live auctions. The first day of convention found Sioux Falls Mayor Munson welcoming South Dakota nurses to Sioux Falls and thanking them for the work that they do every day. Several educational events were provided with subjects ranging from complementary and alternative healthcare, HHT, compassion fatigue, and statewide trauma systems. Our keynote, Sandy Summers, founder and executive director of The Truth about Nursing, presented information about The Power of Myth and the media's influence on public perception of the nursing profession. Her presentation proved to be quite thought provoking as the discussions

about it lasted throughout the rest of convention.

The banquet was enjoyed by all as wonderful food was enjoyed and entertainment was provided by nurse humorist, Sheila Letcher. She brought a smile and boisterous laughs from the crowd with stories from her nursing career. The live auction was also enjoyable as a quick-witted auctioneer and his assistants paraded items around the room while some heated bidding battles occurred. Everyone walked out a friend in the end.

Day two of the convention started out with Katheren Koehn discussing The Pathway to Excellence and the Magnet Journey. Educational breakout sessions were again provided with topics such as smoking cessation, advanced directives, and nursing delivery models. Many vendors were present during the two days ranging from healthcare organizations, schools of nursing, equipment, and products designed to rejuvenate the nurse within. Also present were nursing delivery model poster presenta-

tions from SDSU nursing students. President Deb Fischer-Clemens provided her address during the luncheon. She told us the story about the history of SDNA and of how the issues of the past have a tendency to resurface in the future. It was an excellent speech about where we have been and how far we have come. Thank you, madam president for your wonderful and informative presentation.

The awards banquet was a nice highlight during convention. Wonderful nomination letters described a group of nurses dedicated to their profession. It was definitely an uplifting and joyous occasion. District 7 and Cornelia invited everyone with a song to Mitchell next year for the 2010 annual convention. The business meeting concluded and convention was completed for another year. Over 100 nurses and nursing students came to convention in Sioux Falls this year. Through attendance fees, auction, vendors and grants, this year's convention was a huge success.

# Convention 2009



Left: President, Deb Fischer Clemens awards Lani White the President's Award.

Right: Deb Fischer Clemens presents the history of SDNA to attendees.



SDNA Board with newly elected officials:  
President, Becky Nichols;  
Vice President, Dr. Margie Washnok;  
Treasurer, Christina Erickson and  
Core Issues Task Force Chair, Angela Lochridge

## Political Action Committee Article

Thanks to everyone who supported PAC at the convention by either donating, purchasing a treat, or 50/50. Our grand total raised at convention was \$604. We now have over \$1100 in the PAC. If you have any ideas for future fund raising please let one of the PAC members know of your ideas. I just joined SDNA on Facebook. If you have not been there please go and see the wall. What a great idea. Again thanks to all for making our PAC funds grow.

Respectfully submitted,  
Julie Dangel

## District Reports

### Rapid City/West River Area

District Officers:

President: Vacant

Vice President: Vacant

Secretary: Beth Bauer

Government Relations Committee: Linda Wolden

District 2 continues to welcome members of Districts 1 and 3 to all meetings and activities. Meetings were held in September and October. Topics of discussion included ANA healthcare position and advocacy, and the nursing delivery task force survey. Mary Piper, RN, was recognized by the Rapid City Journal for her lifelong service in nursing with an article about Sioux San and Mary's dedication. The annual Dessert with the Legislators was held November 24, 2009.

At press time, the members of Districts 1, 2, and 3 are seeking a president due to the election of Christina Erickson to the state treasurer position. This is a great opportunity to get to know members of SDNA from the across the state, and is only a one-year commitment.

If you are new to Districts 1, 2, or 3 and have questions about opportunities, or you are looking for a place to share your talents to support nursing, feel free to contact me.

Christina Erickson  
605-348-2091  
rcericks@rushmore.com

### Aberdeen Area

District Officers:

President: Barb Goehring

Vice President: Dr. Margie Washnok

Secretary: Jeanne Chappell

Government Relations Committee: Carrie Clausen-Hansen

### No Report Available

### Mitchell/Huron

District Officers:

President: Sharon Rehorst

Vice-President: Wyonne Kaemingk

Secretary: Gloria Thompson

Government Relations Committee: Sharon Rehorst

Date of District Meeting: September 29, 2009

Number of Members present: 7

Number of Active Members: 28

District 7 members planned the Cornelia skit and song to invite SDNA members to Mitchell in October 3-4, 2010 while attending the 2009 convention in Sioux Falls. Possible theme ideas were to be discussed during the convention in Sioux Falls.

The "Welcome to the Profession" event for Mitchell DWU Nursing Class of 2010 is planned for November 24, 2009 at DWU Nursing Lab Classroom. Panel participants will include department directors from Avera Queen of Peace and some new working graduates. DWU nursing faculty and District 7 members will provide lunch.

Our next meeting will be held November 12 with election of officers.

### Brookings/Watertown Area

District Officers:

President: Eileen Bruner

Vice-President: Janet Lord

Secretary: Paula Carson

Membership Chairman: Roberta Olson

After taking the summer months off our district is now again up and looking alive. Our project this year was confirmed when the district decided to host the "Rekindle Your Passion in Nursing" workshop in the late spring. April 23 will be the date. Be sure and mark in on your calendar. This will be the 10th year of Rekindle, and we hope to put on a fitting celebration of nursing.

Our September and October meetings were again held at the Hageman Bakery locations. In September the weather was perfect so we were able to eat outside in the Secret Garden area. Our October meeting was held in Dine 1879.

The nominations committee has been busy and has presented a slate of nominations for the upcoming elections.

Discussion was held on H1N1, the many aspects of the disease, and the developing distribution of the vaccine.

SDSU Senior Day has been set up for December 7, 2009 with our district hosting their afternoon break. We hope to have an informal panel that will discuss the importance of belonging to your professional organization after graduating. Lunch will then be served. This project was started last year and District 9 hopes to host this event every semester during their Senior Colloquium.

Our November meeting is scheduled for November 17. A representative from Senator John Thune's congressional team will be on hand to discuss Senator Thune's policies on Health Care. Please join us!! It will be in Brookings at Dine 1879, starting at 6:30pm.

December always bring fun and new things. It will bring a new change for me, since that after 4 years as being the President of District 9 I feel that it is time to step-aside for new leadership to take over. It has been a great experience for me, one that I truly do value.

Eileen Bruner SDNA District 9 President

### Sioux Falls Area

District Officers:

President: Becky Nichols (outgoing)

Vice-President: Darcy Sherman Justice

Secretary: Nancy Terveen

Government Relations Committee: Marian Eberhard

Nominations Committee: Carla Borchardt

See Convention Report

### Yankton/Vermillion Area

President: Joanne Tieman

Secretary: Sister Sharon Ann

Our September meeting was a planning meeting and a lot of good ideas were discussed. Besides discussing some interesting programs we talked about how to assist with the pantries in each of the communities. Besides bringing food items to our meetings we will provide plates of home baked cookie for the Vermillion Pantry at Holidays so a plate can be given to families with children.

In October at our Vermillion meeting Kathy Jorgenson gave a very interesting and informative program on her trip to Ghana last summer. She had a small group of college students with her and they all did service projects in the clinics and assisted in the schools. Joanne Tieman and Sister Sharon Haas had attended the SDNA Convention in SF in Oct. Several MMC students also attended and we were very pleased that they could come.

We are honored to have Kathy Jorgenson as our District Nurse of the Year 2009 and Jean Yockey received the Nurse Educator of the Year award. They were recognized at the Convention in SF along with the other award winners.

We plan to meet in November, January, March and May. All RN's are welcome to come and encouraged to be active in our district.

Joanne Tieman, Dist 11 President.



Your Name:

Address:

Preferred Phone Number:

e-mail:

**FOR DELIVERY:** Prints will be mailed to the address above (or specify another address).

Other pick up arrangements (describe):

**Thank you for your support of the South Dakota Nurses Foundation!**

The South Dakota Nurses Foundation is pleased to announce release of a set of three limited edition prints of pastel drawings created by artist Mary Groth of Sioux Falls. Each print in the set of three includes one print (roughly 10" x 12") depicting the three purposes of SDNF: nursing research, education, and service. Each print is numbered and signed by the artist. Printing is limited to 500 sets. An artist's interpretive statement accompanies each print.

PRICE: \$300 for each set of three.  
Please include an additional \$20 for postage and handling per order.

To order, fill out this order form and mail with your check payable to the SOUTH DAKOTA NURSES FOUNDATION. Mail to:  
SDNF  
c/o Tom Stenvig  
PO Box 3  
Nunda, SD 57050

| Quantity              | Description                     | Price per set of 3 | Total |
|-----------------------|---------------------------------|--------------------|-------|
|                       | Set of 3 limited edition prints | \$300.00           |       |
| 1                     | Postage and handling per order  | \$20.00            | \$20  |
|                       | "Round Up" to SDNF              |                    |       |
| <b>TOTAL ENCLOSED</b> |                                 |                    |       |

Questions: Contact Tom Stenvig at 605-380-7572 or [tom.stenvig@gmail.com](mailto:tom.stenvig@gmail.com)

## Board of Directors

### President

Becky Nichols  
[vanillatwist@sio.midco.net](mailto:vanillatwist@sio.midco.net)

### Vice President

Margie Washnok  
[DrMargie.Washnok@presentation.edu](mailto:DrMargie.Washnok@presentation.edu)

### Secretary

Kay Foland  
[Kay.Foland@sdstate.edu](mailto:Kay.Foland@sdstate.edu)

### Treasurer

Christina Erickson  
[rcericks@rushmore.com](mailto:rcericks@rushmore.com)

### Government Relations Committee

**(GRC) Chair**  
Carla Texel  
[ctexel@rcrh.org](mailto:ctexel@rcrh.org)

### Core Issues Task Force Chair

Angela Lochridge  
[alochridge@rushmore.com](mailto:alochridge@rushmore.com)

### President, District 1-3

Christina Erickson  
[rcericks@rushmore.com](mailto:rcericks@rushmore.com)

### President, District 4

Barb Goehring  
[tjava@abe.midco.net](mailto:tjava@abe.midco.net)

### President, District 6

Vacant

### President, District 5 & 7

Pat Sudbeck  
[patricia.sudbeck@averaqueenofpeace.org](mailto:patricia.sudbeck@averaqueenofpeace.org)

### President, District 8 & 9

Paula Carson  
[paula.carson@sdstate.edu](mailto:paula.carson@sdstate.edu)

### President, District 10

Darcy Sherman Justice  
[darcy.shermanjustice@mckennan.org](mailto:darcy.shermanjustice@mckennan.org)

### President, District 11

Joanne Tieman  
[rjtieman@hotmail.com](mailto:rjtieman@hotmail.com)

### SDNA Staff

Brittany Novotny, JD, MBA  
Seanna Regynski  
[sdnurse@midco.net](mailto:sdnurse@midco.net)

**Welcome New SDNA Members!**

**District 1**

Dayle Knutson  
Trina Jensen  
Heidi Johnson-Anderson

**District 2**

Beverly Cassity  
Gretchen Eide  
Karen Griffith  
Connie Harstad  
Diane James

**District 3**

Susan Rooks

**District 6**

Cynthia Clair  
Carrie Mikkonen  
Barbara Knadle

**District 9**

Sylvia Pickard  
Nicole Hofer

**District 8**

Charlene Carothers

**District 10**

Lori Lieble  
Marian Eberhard  
Kelly Melick  
Linda Young  
Linda Buechler  
Chandra Malsam  
Beth Plahn

**We are excited to have you join SDNA!**

# SDNF Scholarship Award



Thomas Stenvig presents the SDNF Scholarship Award to Sr. Vicky Larson of Aberdeen

The South Dakota Nurses Foundation is pleased to announce the \$1,000 educational scholarship for 2009 is awarded to SDNA member Sr. Vicky Larson of Aberdeen. Sr. Vicky is a nursing instructor at Presentation College in Aberdeen and a doctoral student in the nursing PhD program at Barry University in Miami Shores, Florida. In her acknowledgement, Sr. Vicky expressed her gratitude for the support while stressing how important the scholarship will be in helping her continue her studies. She stated, "I greatly appreciate

the South Dakota Nurses Foundation's support of the nursing profession through scholarships for nursing education. It is an honor to be a recipient of this scholarship." Congratulations, Sr. Vicky! The 2009 scholarship is dedicated in honor of Becky Crosswait who died in March, 2009 after a lengthy struggle with brain cancer. Becky was an active member of SDNA for many years and known for her pioneering work in bringing parish nursing to western South Dakota. Becky is also

remembered for her love of antiques, vintage clothes and jewelry, gardening, traveling, camping, reading, horseback riding, healthy living, and love of the outdoors. She is survived by her husband, Bruce, two children, two stepchildren, her parents, two sisters, a brother, a granddaughter, and four step grandchildren. Becky had a zest for life and love of nursing that touched all those she knew. She is deeply missed!

## SDNF Article

Christina H. Erickson, MS RN-C, joined the nursing profession in 2002, specializing in medical/surgical nursing. Along with working as a staff/charge nurse at Rapid City Regional Hospital, Christina began teaching clinical, part-time, for SDSU College of Nursing located in Rapid City. She quickly recognized that teaching was her passion and pursued a Master's in Nursing Education from South Dakota State University, graduating in 2008. In 2009, Christina accepted an instructor position with the SDSU College of Nursing in Rapid City. She currently works with students in the classroom, skills lab, and hospital setting.



Christina is an active member of the South Dakota Nurses' Association, past district 2 president, and the newly elected state treasurer. As such, she has been invited to fill one of the SDNA board member positions on the South Dakota Nursing Foundation Board of Directors. Christina was honored to be the first recipient of a SDNF scholarship in 2005 and is grateful to have the opportunity to repay this gift in service to the SDNF.

## SDNA Solicits Public Input Related to Healthcare Needs

The Nursing Delivery Task Force launched a campaign to gather input from the citizens of South Dakota related to the access, cost and quality of health services. The survey is a data collection step in the SDNA and SD Nursing Workforce Center initiatives to explore models for delivery of nursing care needed for future. The information gained will be used to create a framework to implement innovative models of nursing practice in the state of South Dakota. As the task force began exploring perspectives related to health care in our state, it became evident there is considerable knowledge available from the perspective of professionals and healthcare agencies but a significant gap related to the perspective of the consumer. The survey is intended to gain information on the perception of the role of the nurse and acceptance of the nurse in delivery of primary healthcare services. Our aim is to use the results to help develop nursing care delivery models that engage the consumer while meeting their healthcare needs. It is our belief that educational strategies to prepare nurses for new ap-

proaches that meet the preventive and functional needs of our consumers could also be developed as the result of new models.

The survey is delivered using a consumer friendly Survey Monkey format available on the SDNA website. Internet technology was chosen because of the shift to computer technology as a primary communication method and for the ability to tabulate results with the available funding and personnel resources. The survey is a financial collaborative effort between SDNA, the SD Nursing Workforce Center, SD Nurse Practitioner Association and the SD Nurses Foundation. This support has allowed advertisement in newspapers, radio, television and Face book , as well as through private and community avenues. We continue to look for ways to solicit more public input. We anticipate having the survey available to the public through Spring 2010. We will then tabulate results and determine the next steps. Currently it is planned that a next step will be a Summit in the Fall of 2010. The Summit will allow collection of additional data and for-

mulation of implementation plans.

In order to successfully get input from a significant cross section of South Dakotans, we are asking each nurse to complete the survey and to encourage family and friends in your community to complete the survey. If every nurse in the state asked five family and friends to complete the survey, we could get an additional 50,000 responses. The task force has marketing materials including flyers, business cards, and ads for anyone to use in your community. These are available by contacting Seanna in the SDNA office at 605.945.4265 or through e-mail at [sdnurse@midco.net](mailto:sdnurse@midco.net). As reform changes the landscape of healthcare across the US, we have the challenge and opportunity to change the landscape in South Dakota. Now is the time to define and expand our role in primary care. Together we can reshape healthcare in the state of South Dakota.

Lani White RN, MSN, CoChair  
Nursing Delivery Task Force

## Nursing Video

Nursing continues to be a high-demand career in South Dakota. In order to pique students' interest in nursing as a career, the Healthcare Workforce Center and the Center for Nursing Workforce have partnered to produce a new nursing recruitment video. This video highlights six different career options within the field of nursing. To view the video, go to <http://www.youtube.com/watch?v=vyQrIasdaM>.



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Because of unforeseen circumstances SDNA has changed publishers for the SD Nurse. We have signed a contract with Arthur Davis, however the next issue of the SD Nurse will not be published until September 2010. If you have any questions or comments, please feel free to contact our office. We will do our best to send any pertinent information via email.

## Calendar of Events

### January

#### **District 10 Meeting**

January 12, 2010 at 6pm  
Orthopedic Institute

### February

#### **SDNA Board of Directors Meeting**

February 8, 2010  
Pierre, SD

#### **Nurses Day at the Legislature**

February 9 & 10, 2010  
Pierre, SD

### March

#### **Last Day of the 85th Legislative Session**

March 12, 2010

### April

#### **SDNA Rekindle Your Passion for Nursing Workshop**

April 23, 2010  
Registration: 8:30 a.m.  
Brookings, SD

#### **SDNA Board of Directors Meeting**

April, 24<sup>th</sup>, 2010  
Brookings, SD

## Nurses Day at the Legislature

Register now for the 35th Annual Nurses Day at the Legislature (NDL)! Nurses Day at the Legislature provides a valuable opportunity to talk with legislators from your community about the issues important to you. During NDL you will be able to attend committee hearings at the Capitol and network with colleagues and your legislators. NDL offers continuing education sessions as well.

Guest speakers this year include Deborah K. Bowman, Executive Secretary for the

South Dakota Department of Social Services and Doneen Hollingsworth, Executive Secretary for the South Dakota Department of Health.

The South Dakota Nurses Association (SDNA) is the professional association representing the nearly 12,000 Registered Nurses across South Dakota. SDNA is involved in the shaping of public health care policy that is consonant with the goals of nurses, the nursing profession and public health. SDNA is a respected authority on legisla-

tive and political issues that affect nursing and consumer care. Nurses have a voice at the Capitol because of the work that SDNA does! It is important that nurses continue to have a presence during the legislative process. Please take time to attend this important event and represent your profession!

#### **TO REGISTER:**

[www.sdnursesassociation.org](http://www.sdnursesassociation.org)

[Click on Events to view agenda and registration form.](#)