



**SOUTH DAKOTA NURSES  
ASSOCIATION**

## **Headaches**

*Presented by: Denise Boraas, RN, MSN, CNP  
CO-Provided by AANN Great Plains Chapter*

**January 19, 2010  
7:00-8:00pm  
Orthopedic Institute, Education Center  
Classroom 2**

**Program Goal:** To provide registered nurses with the most current information on headache causes, diagnosis, and management, including tension headache, cluster headache, and migraine.

**Upon completion of this activity you will be able to:**

1. Discuss the epidemiology & pathophysiology of headache.
2. State the IHS criteria for migraine, tension type, medication overuse, and cluster headache.
3. List treatment options for migraines, tension type, medication overuse, & cluster headache.
4. Discuss triggers for migraine headache.
5. State educational strategies for migraine headache patients.

**Target Audience:** Registered nurses, advanced practice nurses, nursing students, and other healthcare providers interested in learning more about this topic.

South Dakota Nurses Association is an approved provider of continuing nursing education by CNE-Net, the education division of the North Dakota Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This educational activity has been granted 1.0 contact hour. Attendance at the entire education activity is required to receive contact hours.